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The Mindful Couple: How Acceptance and Mindfulness Can Lead You to the Love You Want [Robyn D. Walser PhD, Darrah Westrup PhD] on Amazon.com. "FREE" shipping on qualifying offers. All of us want to be fully accepted in our relationships, yet it can be difficult to fully accept our partners for who they are. This insightful guide for couples

[Darrah Westrup \(Author of The Mindful Couple\) - Goodreads](#)

Darrah Westrup is the author of *Advanced Acceptance and Commitment Therapy* (4.42 avg rating, 12 ratings, 0 reviews, published 2014), *Learning ACT for Gro*

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By Robyn D. Walser, Ph.D., and Darrah Westrup, Ph.D. On December 16, 2008 The difficulty with quirks in a partner is that, by definition, they are peculiar and

idiosyncratic and not commonly shared.

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Darrah Westrup, PhD, is a licensed clinical psychologist practicing in Colorado and California with an established reputation for her work as a therapist, program director, trainer, researcher, and consultant to practitioners at various firms and organizations.

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