

LIVING WITH BIPOLAR DISORDER HODGES LYNN%0A

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LIVING WITH BIPOLAR DISORDER | LYNN HODGES

Lynn Hodges has recently written a book called Living with Bipolar Disorder. The book is about her personal journey living and working with bipolar disorder. This book was created because the author wanted to give a positive light on living with the illness.

[Living With: Bipolar Disorder - PsychGuides.com](#)

[Living With: Bipolar Disorder](#). Whether you live with bipolar disorder or live with someone who has it, you may be well aware of the issues associated with it. Even if no one in your household has the condition, chances are that you know someone who has it, as it affects around 1 percent of people. That's around 3 million people in the US. [Bipolar Disorder: The Basics](#). Bipolar disorder is a [Living with Bipolar Disorder: Strategies for Balance and ...](#)

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[Living with BiPolar Disorder - OMTimes Magazine](#)

An excerpt from LIVING WITH BIPOLAR DISORDER: Strategies for Balance and Resilience, by Lynn Hodges. Publisher's Note: In this excerpt, Lynn Hodges describes one of the first major episodes of her manic behavior and how she learned to accept the upside.

[Living with Bipolar Disorder](#)

[Living with Bipolar Disorder](#). This page intentionally left blank . Part I Understanding Bipolar Disorder and Its Treatment. This page intentionally left blank . 3 1 T his

book provides you with a wealth of information on the nature and treatment of bipolar disorder as well as strategies designed to reduce the likelihood of future episodes of depression or mania. In addition to written
Living with Bipolar Disorder: Strategies for Balance and ...

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Living with Bipolar Disorder: A Guide for Individuals and ...

Living with bipolar disorder is a challenge, and this book is designed to help patients and their families develop the skills they need to be a good consumer of treatment and to become an expert partner in the management of bipolar disorder.

LYNN HODGES | Blog - Living With Bipolar Disorder

Living with the diagnosis of bipolar diagnosis is never going to be easy!! It could be made easier if the government would recognise that people suffering from this illness, when in crisis will spend excess money in a fashion that is not with keeping to that person's normal spending pattern.

Living with Bipolar Disorder by Lynn Hodges by Kaminn ...

In this personal account, at times moving, always supportive, Lynn Hodges guides you through living and working with bipolar disorder with the authority of someone who's been there. Along the

Living With Bipolar Disorder (Book) | Calgary Public ...

Living With Bipolar Disorder Strategies for Balance and Resilience (Book) : Hodges, Lynn : From the initial diagnosis through recovery and transformation, this handbook offers positive, real-life solutions and support from one who not only suffers from the condition herself but has experienced it with her mother and her daughter. Her handy

Living with BiPolar Disorder - OMTimes Magazine

The following day, she marched me straight down to her local surgery, where the doctor suspected bipolar disorder and that was when I was hospitalized for six weeks. Feeling alone and out of control are definitely aspects of this illness, and any mess you cause is left to you to sort out. I had spent 25,000 of company money, and somehow I had to repay the debt. Thank heavens it was my company.